

# El Monterey<sup>®</sup> Signature Burritos Egg, Sausage & Cheese 8 ct

Product # 14937

Start your day off right with El Monterey Signature Egg, Sausage & Cheese Breakfast Burritos packed with real scrambled eggs, pork sausage, cheddar cheese, tomatoes and green chilies rolled in a fresh-baked tortilla. This hearty breakfast is the perfect frozen meal for home or for when you're on the go. Committed to quality and tradition, these El Monterey microwavable breakfast burritos deliver 11 grams of protein to keep you satisfied and help you power through the day. These individually wrapped burritos are an ideal solution for morning, noon, and night. El Monterey frozen breakfast burritos only take a few minutes in the microwave for a quick snack or pop into the oven (or air fryer) for a crispier quick start meal! You can find El Monterey Signature Egg, Sausage & Cheese Breakfast Burritos in the frozen breakfast section in the orange package! Also look for El Monterey's wide variety of other frozen Mexican food favorites like taquitos, single serve meals and frozen burritos for breakfast, lunch and dinner!



**EGG, SAUSAGE  
& CHEESE**

**8  
PACK**

## Ingredients

FLOUR TORTILLA (WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL), SALT, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH), SCRAMBLED EGGS (PASTEURIZED WHOLE EGGS, NONFAT MILK, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC [ADDED FOR COLOR]), SPICE AND/OR LIQUID PEPPER EXTRACT), PORK SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE), CHEESE SAUCE (WATER, CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], MODIFIED CORN STARCH, SOYBEAN AND/OR CANOLA OIL, WHEY, XANTHAN GUM, NONFAT DRY MILK, SALT, SODIUM PHOSPHATE, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA AND ANNATTO [COLOR], NATURAL FLAVORS), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR), WATER, TOMATOES (WITH JUICE, CITRIC ACID, CALCIUM CHLORIDE), GREEN CHILIES (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), CONTAINS 2% OR LESS MODIFIED CORN STARCH, VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL), SALT, FLAVOR, SPICE, CHILI PEPPER. CONTAINS: WHEAT, EGGS, MILK.

## Shelf Life

Case Pack	
Net Case WT (lbs)	
Gross Case WT (lbs)	
Case Cube	
Case Dimensions	
Tier and High	
Cases per Pallet	
Sell Unit UPC	071007149375
Master Case UPC	10071007149372

## Nutrition Facts

Serving Size 1 BURRITO (128g)  
Serving Per Container 8

Amount Per Serving

**Calories** 300

Calories from  
Fat 120

**% Daily Value\***

**Total Fat** 14g

**22%**

Saturated Fat 4g

**20%**

Trans Fat 0g

**Cholesterol** 100mg

**33%**

**Sodium** 430mg

**18%**

**Total Carbohydrate** 32g

**11%**

Dietary Fiber 1g

**4%**

Sugars 1g

Protein 11g

**19%**

Vitamin A

**6%**

Vitamin C

**2%**

Calcium

**8%**

Iron 15g

\* Percent Daily Values based on a 2,000 Calorie Diet

## Cooking Instructions

