

# El Monterey® Family Pack Bean & Cheese Burritos

Product # 06140

Frozen Mexican food that's a crowd favorite! Serve up El Monterey Bean & Cheese Burritos and your family will walk away satisfied and full. Frozen meal or frozen dinner ready in just minutes, this delicious burrito includes flavorful beans, real cheese and authentic Mexican spices wrapped in an fresh-baked flour tortilla. Stock up on these burritos today! Whether you need a filling bite for lunch, easy dinner, or quick snack food, you can trust El Monterey frozen burritos to satisfy your craving for authentic Mexican flavors and spices and quiet your grumbling stomach. Committed to quality and tradition, these El Monterey microwavable burritos deliver 7 grams of protein to keep you satisfied and help you power through the day. Enjoy authentic El Monterey Bean & Cheese Burritos at home or on-the-go in minutes! Bite into crispy oven-baked goodness in less than 30 minutes or zap your burrito in the microwave for authentic flavor in seconds. Stock up on El Monterey's wide variety of taquitos, single serve meals and frozen burritos for breakfast, lunch and dinner! You can find El Monterey Bean & Cheese Burritos in the frozen Mexican or frozen meal section with the orange package!



## Ingredients

WATER ENRICHED WHEAT FLOUR (Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), BEANS VEGETABLE OIL (Soybean, Canola and/or Corn Oil) CHEESES Cheddar Cheese (Culture Pasteurized Milk, Salt Enzymes, Annatto), Cheddar Cheese Product (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Natural Flavor, Salt, Vegetable Coloring), CONTAINS 1% OR LESS Salt, Modified Food Starch, Jalapeno Peppers (with Salt, Acetic Acid, Water, Calcium Chloride), Flavor, Spice, Paprika, Dough Conditioners (Yeast, Wheat Gluten, Sugar, Guar Gum, Food Starch). Contains: Wheat, Milk.

## Shelf Life

Frozen: 455 days AT OR BELOW 10° F; Refrigerated: NA

Case Pack	8/8/4 oz
Net Case WT (lbs)	16
Gross Case WT (lbs)	17.12
Case Cube	0.5949
Case Dimensions	5.38 x 9.56 x 20
Tier and High	10 x 8
Cases per Pallet	80
Sell Unit UPC	0 71007 06140 0
Master Case UPC	1 00 71007 06140 7

## Nutrition Facts

Serving Size 1 BURRITO (113g)  
Serving Per Container 8

Amount Per Serving	
<b>Calories</b> 200	
% Daily Value*	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 33g	<b>12%</b>
Dietary Fiber 3g	11%
Sugars g	
Protein 7g	9%
Calcium 23g	2%
Iron 10g	
Potassium	2%

\* Percent Daily Values based on a 2,000 Calorie Diet

# Cooking Instructions

## **Microwave From Frozen**

SETTING: HIGH (1,100 WATTS)

PLACE 1 BURRITO ON MICROWAVE SAFE PLATE.

FROZEN: 1 MINUTE 15 SECONDS.

LET PRODUCT STAND 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

## **Conventional Oven From Frozen**

PREHEAT OVEN TO 350° F

PLACE BURRITOS ON BAKING SHEET WITH 1 INCH BETWEEN BURRITOS.

BAKE UNCOVERED.

FROZEN: 28 MINUTES

LET PRODUCT STAND 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

