

# El Monterey® Black Bean & Cheese Taquitos

Product # 00110

Satisfy your cravings for a crunchy, bold and protein-packed appetizer or snack with our El Monterey Black Bean & Cheese Taquitos. Ready in just minutes, these frozen taquitos include flavorful black beans, cheddar cheese and authentic Mexican spices in a crispy flour tortilla. Perfect for dipping in guacamole, ranch dressing, salsa, or entirely on their own! Whether you have to feed the whole family or just need a quick snack or lunch for the kids, El Monterey taquitos are perfect for every occasion. Boxed taquitos by El Monterey are frozen for your convenience and take only a few minutes to prepare – both in the oven (or air fryer) and microwave.



**BLACK BEAN  
& CHEESE**

**20  
COUNT**

## Ingredients

FLOUR TORTILLA Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil(Soybean, Canola and/or Corn Oil), Salt, Dough Conditioners (Yeast, Wheat Gluten, Sugar, Guar Gum, Modified Food Starch), COOKED BLACK BEANS (Water, Black Beans), WATER CHEDDAR CHEESE Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color), VEGETABLE OIL (Soybean, Canola and/or Corn Oil), ONION, MODIFIED CORN STARCH, JALAPENO PEPPERS (With Salt, Acetic Acid, Water, Calcium Chloride), CONTAINS 2% OR LESS Distilled Vinegar, Salt, Spices Including Paprika, Sugar, Granulated Garlic, Xanthan Gum, Flavor with Safflower Oil. CONTAINS: WHEAT, MILK

## Nutrition Facts

Serving Size 3 Taquitos (85g)  
Serving Per Container 6

Amount Per Serving

**Calories** 250

**% Daily Value\***

**Total Fat** 12g **15%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

**Cholesterol** 5mg **2%**

**Sodium** 240mg **10%**

**Total Carbohydrate** 28g **10%**

Dietary Fiber 1g **4%**

Sugars 1g

Protein 7g **9%**

Calcium **4%**

Iron 10g

Potassium **2%**

\* Percent Daily Values based on a 2,000 Calorie Diet

## Shelf Life

Frozen: 455 days AT OR BELOW 10° F; Refrigerated: NA

Case Pack	5/20/1 oz
Net Case WT (lbs)	6.25
Gross Case WT (lbs)	7.49
Case Cube	.430
Case Dimensions	6.63 x 8 x 14.13
Tier and High	15 x 6
Cases per Pallet	90
Sell Unit UPC	0 71007 00110 9
Master Case UPC	1 00 71007 00110 6

# Cooking Instructions

## **Conventional Oven From Frozen**

PREHEAT OVEN TO 400° F

BAKE FOR CRISPIER TEXTURE

SPREAD DESIRED AMOUNT OF TAQUITOS EVENLY 1" APART ON BAKING SHEET.

FROZEN: 12 MINUTES

LET TAQUITOS STAND FOR 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

## **Microwave From Frozen**

SETTING: HIGH (1,100 WATTS)

PLACE 3 TAQUITOS ON A MICROWAVE SAFE PLATE.

FROZEN: 1 MINUTE 15 SECONDS

LET TAQUITOS STAND FOR 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE MICROWAVES VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

## **Other**

SET AIR FRYER @ 350°F

PLACE 4 TAQUITOS IN AIR FRYER BASKET

PLACE BASKET INTO AIR FRYER

FROZEN: 6 MINUTES

LET TAQUITOS STAND FOR 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE FRYERS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

