

# El Monterey<sup>®</sup> Signature Single Serve Egg, Sausage & Cheese Burritos

Product # 14478

Start your day off right with El Monterey Signature Egg, Sausage & Cheese Breakfast Burrito packed with real scrambled eggs, pork sausage, cheddar cheese, tomatoes and green chilies rolled in a fresh-baked tortilla. This hearty breakfast is the perfect frozen meal for home or for when you're on the go. Committed to quality and tradition, this El Monterey microwavable breakfast burrito delivers 11 grams of protein to keep you satisfied and help you power through the day. This individually wrapped burrito is an ideal solution for morning, noon, and night. El Monterey frozen breakfast burrito only takes a few minutes in the microwave for a quick snack or pop into the oven (or air fryer) for a crispier quick start meal! You can find El Monterey Signature Egg, Sausage & Cheese Breakfast Burrito in the frozen breakfast section in the orange package! Also look for El Monterey's wide variety of other frozen Mexican food favorites like taquitos, single serve meals and frozen burritos for breakfast, lunch and dinner!



## Ingredients

FLOUR TORTILLA (WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL), SALT, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH), SCRAMBLED EGGS (PASTEURIZED WHOLE EGGS, NONFAT MILK, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC [ADDED FOR COLOR])), SPICE AND/OR LIQUID PEPPER EXTRACT), PORK SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE), CHEESE SAUCE (WATER, CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], MODIFIED CORN STARCH, SOYBEAN AND/OR CANOLA OIL, WHEY, XANTHAN GUM, NONFAT DRY MILK, SALT, SODIUM PHOSPHATE, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA AND ANNATTO [COLOR], NATURAL FLAVORS), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR), WATER TOMATOES (WITH JUICE, CITRIC ACID, CALCIUM CHLORIDE), GREEN CHILIES (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), CONTAINS 2% OR LESS MODIFIED CORN STARCH, VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL), SALT, FLAVOR, SPICE, CHILI PEPPER. CONTAINS: WHEAT, EGGS, MILK.

## Shelf Life

Frozen: 455 days AT OR BELOW 10° F

Case Pack	24/1/4.5 oz
Net Case WT (lbs)	6.75
Gross Case WT (lbs)	7.26
Case Cube	0.369
Case Dimensions	8.5 x 8 x 9.38
Tier and High	26 x 5
Cases per Pallet	130
Sell Unit UPC	0 71007 14478 3
Master Case UPC	1 00 71007 14478 0

## Nutrition Facts

Serving Size 1 BURRITO (128g)	
Serving Per Container 1	
Amount Per Serving	
<b>Calories</b> 300	Calories from Fat 120
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 430mg	<b>18%</b>
<b>Total Carbohydrate</b> 32g	<b>11%</b>
Dietary Fiber 1g	4%
Sugars 1g	
Protein 11g	19%
Vitamin A	6%
Vitamin C	2%
Calcium 8g	%
Iron 15g	

\* Percent Daily Values based on a 2,000 Calorie Diet

# Cooking Instructions

## **Microwave From Frozen**

SETTING: HIGH (1,100 WATT)

COOK ONE BURRITO AT A TIME.

OPEN ONE END OF PACKAGE TO VENT.

FROZEN: 1 MINUTE 30 SECONDS

LET PRODUCT STAND 2 MINUTES BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*<https://ruizfoodservice.com/wp-admin/post.php?post=755&action=edit#>

## **Conventional Oven From Frozen**

PREHEAT OVEN TO 350° F

REMOVE BURRITO FROM PACKAGE.

PLACE 1 INCH APART ON A BAKING SHEET WITH LOW SIDES.

FROZEN: COOK FOR 15 MINUTES, FLIP AND COOK FOR ADDITIONAL 15 MINUTES.

LET PRODUCT STAND 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

