

# El Monterey<sup>®</sup> Nacho Cheese Taquitos

Product # 00033

Satisfy your cravings for a crunchy, bold and protein-packed appetizer or snack with our El Monterey Nacho Cheese Flour Taquitos. Ready in just minutes, these frozen taquitos include mozzarella cheese, cheddar cheese, bell peppers and authentic Mexican spices in a crispy flour tortilla. Perfect for dipping in guacamole, ranch dressing, salsa, or entirely on their own!

Looking for an easy frozen meal or frozen dinner to feed the whole family or just need a quick snack or lunch for the kids, El Monterey taquitos are perfect for every occasion. Boxed taquitos by El Monterey are frozen for your convenience and take only a few minutes to prepare – both in the oven (or air fryer) and microwave. El Monterey has a wide variety of Mexican food favorites like taquitos, single serve meals and frozen burritos for breakfast, lunch and dinner! Stock your freezer with El Monterey Nacho Cheese Flour Taquitos for a satisfying and delicious meal anytime, anywhere! You can find El Monterey Nacho Cheese Flour Taquitos in the frozen Mexican snack or the frozen meals section in the orange box!



**NACHO CHEESE**

**20**  
**COUNT**

## Ingredients

ENRICHED WHEAT FLOUR ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL), BELL PEPPER, REDUCED FAT MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, CULTURES, SALT, VITAMIN A PALMITATE, ENZYMES) CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR), LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), NACHO SEASONING NACHO SEASONING (CHEDDAR AND ROMANO CHEESE [CULTURED COW'S MILK, SALT, ENZYMES], SALT, MALTODEXTRIN, BUTTERMILK SOLIDS, GARLIC POWDER, WHEY, DEXTROSE, ONION POWDER, SUGAR, YEAST EXTRACT, SOUR CREAM [CREAM, CULTURES, LACTIC ACID], CITRIC ACID, CULTURED NONFAT MILK, EXTRACTIVES OF PAPRIKA AND ANNATTO, LACTIC ACID, NATURAL FLAVORS), CONTAINS 2% OR LESS MODIFIED CORN STARCH, JALAPENO PEPPERS (WITH SALT, ACETIC ACID, CALCIUM CHLORIDE), NATURAL FLAVOR, SALT, SPICES, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH). CONTAINS: WHEAT, MILK.

## Shelf Life

Frozen: 455 days AT OR BELOW 10° F; Refrigerated: NA

Case Pack	5/20/1 oz
Net Case WT (lbs)	6.25
Gross Case WT (lbs)	7.49
Case Cube	0.43
Case Dimensions	6.63 x 8 x 14.13
Tier and High	15 x 6
Cases per Pallet	90
Sell Unit UPC	0 71007 00033 1
Master Case UPC	1 00 71007 00033 8

## Nutrition Facts

Serving Size 3 Taquitos (85g)  
Serving Per Container 6

Amount Per Serving	
<b>Calories 250</b>	
	<b>% Daily Value*</b>
<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 350mg	<b>15%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 1g	
Protein 6g	<b>7%</b>
Calcium	<b>6%</b>
Iron 10mg	
Potassium	<b>2%</b>

\* Percent Daily Values based on a 2,000 Calorie Diet

# Cooking Instructions



## Other

COOKING INSTRUCTIONS BAKE OR AIR FRY FOR CRISPIER TEXTURE



## Conventional Oven From Frozen

PREHEAT OVEN TO 400°F

PLACE 6 TAQUITOS EVENLY 1 INCH APART ON BAKING SHEET LINED WITH PARCHMENT PAPER.

FROZEN: 10 MINUTES

LET TAQUITOS STAND FOR 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS AND MICROWAVES VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*



## Microwave From Frozen

SETTING: HIGH (1,100 WATTS)

PLACE 3 TAQUITOS ON A CERAMIC PLATE IN THE CENTER OF MICROWAVE.

FROZEN: 1 MINUTE 15 SECONDS

LET TAQUITOS STAND FOR 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS AND MICROWAVES VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*



## Other

AIR FRYER

380° F

PLACE 6 TAQUITOS IN AIR FRYER BASKET.

FROZEN: 6 MINUTES

LET TAQUITOS STAND FOR 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS AND MICROWAVES VARY, COOKING TIMES MAY REQUIRE ADJUSTING.



