

# El Monterey<sup>®</sup> Signature Burritos Egg, Sausage, Cheese & Potato 8 ct

Product # 14842

Start your day off right with El Monterey Signature Egg, Sausage, Cheese & Potato Breakfast Burritos packed with real scrambled eggs, seasoned pork sausage, cheddar, Pepper Jack and American cheeses, potatoes, tomatoes and green chilies rolled in a fresh-baked tortilla. This hearty breakfast is the perfect frozen meal for home or for when you're on the go. Committed to quality and tradition, these El Monterey microwavable breakfast burritos deliver 10 grams of protein to keep you satisfied and help you power through the day. These individually wrapped burritos are an ideal solution for morning, noon, and night. El Monterey frozen breakfast burritos only take a few minutes in the microwave for a quick snack or pop into the oven (or air fryer) for a crispier quick start meal! You can find El Monterey Signature Egg, Sausage, Cheese & Potato Breakfast Burritos in the frozen breakfast section in the green package! Also look for El Monterey's wide variety of other frozen Mexican food favorites like taquitos, single serve meals and frozen burritos for breakfast, lunch and dinner!

- Made with real scrambled eggs, seasoned pork sausage, cheddar, Pepper Jack and American cheeses, potatoes, tomatoes and green chilies wrapped with a fresh-baked flour tortilla
- 8 individually wrapped burritos, each loaded with 10 grams of protein and 0 grams of trans fat per serving to start your day out right
- Ready in minutes from your oven (air fryer) or microwave

## Ingredients

## Shelf Life

Case Pack	
Net Case WT (lbs)	
Gross Case WT (lbs)	
Case Cube	
Case Dimensions	
Tier and High	
Cases per Pallet	
Sell Unit UPC	071007148422
Master Case UPC	10071007148429



## Nutrition Facts

Serving Size 1 BURRITO (128g)	
Serving Per Container 8	
Amount Per Serving	
Calories 290	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 550mg	23%
Total Carbohydrate 33g	11%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 10g	19%
Vitamin A	4%
Vitamin C	10%
Calcium	8%
Iron 14g	

\* Percent Daily Values based on a 2,000 Calorie Diet

# Cooking Instructions

