

El Monterey[®] Signature Single Serve Egg, Applewood Smoked Bacon & Cheese Burritos

Product # 14690

Start your day off right with El Monterey Signature Egg, Applewood Smoked Bacon & Cheese Burritos packed with real scrambled eggs, Applewood smoked bacon, cheddar cheese and tomatoes rolled in a fresh-baked tortilla. This hearty breakfast is the perfect frozen meal for home or for when you're on the go. Committed to quality and tradition, these El Monterey microwavable breakfast burritos deliver 11 grams of protein to keep you satisfied and help you power through the day. These individually wrapped burritos are an ideal solution for morning, noon, and night. El Monterey frozen breakfast burritos only take a few minutes in the microwave for a quick snack or pop into the oven (or air fryer) for a crispier quick start meal! You can find El Monterey Signature Egg, Applewood Smoked Bacon & Cheese Burritos in the frozen breakfast section in the red package! Also look for El Monterey's wide variety of other frozen Mexican food favorites like taquitos, single serve meals and frozen burritos for breakfast, lunch and dinner!



Ingredients

FLOUR TORTILLA (Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean, Canola, Palm and/or Corn Oil), Salt, Dough Conditioners (Yeast, Wheat Gluten, Sugar, Guar Gum, Modified Food Starch, Sodium Metabisulfite), SCRAMBLED EGGS (Pasteurized Whole Eggs, Nonfat Milk, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Butter Flavor (Maltodextrin, Natural Butter Flavor, Annatto and Turmeric [Added For Color]), Spice and/or Liquid Pepper Extract), WATER APPLEWOOD SMOKED BACON Cooked Applewood Smoked Bacon, Smoke Flavoring Added (Cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), CHEDDAR CHEESE (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Color), TOMATOES (with Juice, Citric Acid, Calcium Chloride), CONTAINS 2% OR LESS Potatoes (with Sea Salt, Canola Oil), Modified Corn Starch, Vegetable Oil (Soybean, Canola and/or Corn Oil), Onion, Serrano Peppers, Salt, Cheddar Flavor (Corn Syrup Solids, Cheddar Cheese (Milk, Cheese Culture, Salt, Enzyme), Salt, Yeast Extract, Disodium Phosphate, Natural Flavors, Annatto), Spice. CONTAINS: WHEAT, EGGS, MILK.

Shelf Life

Frozen: 455 days AT OR BELOW 10° F; Refrigerated: 7 days AT OR BELOW 40° F

Case Pack	24/1/4.5 oz
Net Case WT (lbs)	6.75
Gross Case WT (lbs)	7.26
Case Cube	0.369
Case Dimensions	8.5 x 8 x 9.38
Tier and High	26 x 5
Cases per Pallet	130
Sell Unit UPC	0 71007 14690 9
Master Case UPC	1 00 71007 14690 6

Nutrition Facts

Serving Size 1 BURRITO (128g)
Serving Per Container 1

Amount Per Serving

Calories 300	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 3.5g	18%
Trans Fat g	
Cholesterol 75mg	25%
Sodium 500mg	21%
Total Carbohydrate 36g	12%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 11g	22%
Vitamin A	4%
Vitamin C	2%
Calcium 6g	%
Iron 15mg	

* Percent Daily Values based on a 2,000 Calorie Diet

Cooking Instructions



Microwave From Frozen

SETTING: HIGH (1,100 WATTS)

COOK ONE BURRITO AT A TIME. OPEN ONE END OF PACKAGE TO VENT.

FROZEN: 1 MINUTE 30 SECONDS

LET PRODUCT STAND 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

CAUTION: PRODUCT MAY BE HOT.



Conventional Oven From Frozen

PREHEAT OVENT TO 350° F.

REMOVE BURRITO FROM PACKAGE.

PLACE 1 INCH APART ON A BAKING SHEET WITH LOW SIDES.

FROZEN: COOK FOR 15 MINUTES, FLIP AND COOK FOR ADDITIONAL 15 MINUTES.

LET PRODUCT STAND 1 MINUTE BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

CAUTION: PRODUCT MAY BE HOT.

