

# El Monterey® Family Pack Spicy Jalapeno, Bean & Cheese Chimichangas

Product # 06297

A CHIMICHANGA CONSISTING OF BEANS, PROCESSED CHEDDAR CHEESE AND DICED JALAPENO PEPPERS AND THEN LIGHTLY SEASONED. IT IS WRAPPED IN A FRESHLY BAKED FLOUR TORTILLA THEN CRISPY FRIED TO IN PURE VEGETABLE OIL



## Ingredients

WATER ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BEANS VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL) JALAPENO PEPPERS JALAPENO PEPPERS (WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), CHEESES CHEDDAR CHEESE (CULTURE PASTEURIZED MILK, SALT ENZYMES, ANNATTO), CHEDDAR CHEESE PRODUCT (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, NATURAL FLAVOR, SALT, VEGETABLE COLORING), CONTAINS 1% OR LESS SALT, MODIFIED FOOD STARCH, FLAVOR, SPICE, PAPRIKA, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH). CONTAINS: WHEAT, MILK.

## Shelf Life

Frozen: 455 days AT OR BELOW 10° F; Refrigerated: NA

Case Pack	8/8/3.8 oz
Net Case WT (lbs)	15.2
Gross Case WT (lbs)	16.32
Case Cube	.590
Case Dimensions	5.38 x 9.56 x 20
Tier and High	10 x 8
Cases per Pallet	80
Sell Unit UPC	0 71007 06297 1
Master Case UPC	1 00 71007 06297 8

## Nutrition Facts

Serving Size 1 CHIMICHANGA (108g)  
Serving Per Container 8

Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat	6g8%
Saturated Fat	1g5%
Trans Fat	0g
Cholesterol	0mg0%
Sodium	390mg17%
Total Carbohydrate	32g12%
Dietary Fiber	2g7%
Sugars	0g
Protein	7g8%
Iron	10g
Potassium	4%

\* Percent Daily Values based on a 2,000 Calorie Diet

# Cooking Instructions

## **Microwave From Frozen**

SETTING: HIGH (1,100 WATTS)

PLACE ONE CHIMICHANGA ON MICROWAVE SAFE PLATE.

FROZEN: 1 MINUTE 15 SECONDS. ADDITIONAL UNITS ADD: 1 MINUTE 15 SECONDS.

LET PRODUCT STAND 30 SECONDS BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

## **Conventional Oven From Frozen**

PREHEAT OVEN TO 350° F.

PLACE CHIMICHANGA ON BAKING SHEET WITH 1 INCH BETWEEN CHIMICHANGAS.

BAKE UNCOVERED.

FROZEN: 29 MINUTES.

LET PRODUCT STAND 2 MINUTES BEFORE EATING.

FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.

SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

\*CAUTION: PRODUCT MAY BE HOT.\*

