

# El Monterey® Family Pack Beef & Bean, Green Chili Burritos

Product # 02309

A BURRITO CONSISTING OF GROUND BEEF, PINTO BEANS, GREEN CHILI, JALAPENO, AND SEASONED WITH SPICES. IT IS WRAPPED IN FRESHLY BAKED FLOUR TORTILLA.



## Ingredients

WATER ENRICHED WHEAT FLOUR (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), BEEF BEANS GREEN CHILI Green Chili (Green Chillies, Citric Acid), VEGETABLE OIL (Soybean, Canola, Palm and/or Corn Oil), CONTAINS 2% OR LESS Textured Vegetable Protein (Soy Flour, Caramel Color), Isolated Pea Product, Salt, Jalapeno Peppers (with Salt, Acetic Acid, Water, Calcium Chloride), Dough Conditioners (Yeast, Wheat Gluten, Sugar, Guar Gum, Food Starch, Sodium Metabisulfite), Spices, Flavor, Green Chili Flavor (with Safflower Oil), Distilled Vinegar, Paprika, Lime Juice Concentrate. Contains: Wheat, Soy.

## Nutrition Facts

Serving Size 1 Burrito (113g)  
Serving Per Container 8

Amount Per Serving	
<b>Calories</b> 300	Calories from Fat 120
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 340mg	<b>14%</b>
<b>Total Carbohydrate</b> 35g	<b>12%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 1g	
Protein 9g	<b>18%</b>
Vitamin A	<b>2%</b>
Vitamin C	<b>4%</b>
Calcium	<b>2%</b>
Iron 15g	

\* Percent Daily Values based on a 2,000 Calorie Diet

## Shelf Life

Frozen: 455 days AT OR BELOW 10° F; Refrigerated: NA

Case Pack	8/8/4 oz
Net Case WT (lbs)	16
Gross Case WT (lbs)	17.12
Case Cube	0.5949
Case Dimensions	5.38 x 9.56 x 20
Tier and High	10 x 8
Cases per Pallet	80
Sell Unit UPC	0 71007 02309 5
Master Case UPC	1 00 71007 02309 2

# Cooking Instructions

**Microwave From Frozen**

SETTING: HIGH (1,100 WATTS)  
PLACE ONE BURRITO ON MICROWAVE SAFE PLATE.  
FROZEN: 1 MINUTE 15 SECONDS. ADDITIONAL UNITS ADD 1 MINUTE, 15 SECONDS.  
LET PRODUCT STAND 30 SECONDS BEFORE EATING.  
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.  
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.  
\*CAUTION: PRODUCT MAY BE HOT.\*

**Conventional Oven From Frozen**

PREHEAT OVEN TO 375°F.  
PLACE BURRITOS ON BAKING BAKING SHEET WITH 1 INCH BETWEEN BURRITOS.  
BAKE UNCOVERED.  
FROZEN: COOK FOR 12 MINUTES, FLIP AND COOK FOR ADDITIONAL 12 MINUTES.  
LET PRODUCT STAND 1 MINUTE BEFORE EATING.  
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.  
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.  
\*CAUTION: PRODUCT MAY BE HOT.\*

AIR FRYER  
350° F  
PLACE 2 BURRITOS IN AIR FRYER BASKET.  
FROZEN: COOK FOR 6 MINUTES, FLIP AND COOK FOR ADDITIONAL 6 MINUTES.  
LET PRODUCT STAND 1 MINUTE BEFORE EATING.  
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F.  
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.  
\*CAUTION: PRODUCT MAY BE HOT.\*

